"If there is no struggle there is no progress. Those who propose to favor freedom and yet depreciate agitation, are men who want crops without plowing up the ground. They want rain without thunder and lightning. They want the oceans' majestic waves without the Awful roar of its waters."—Frederick Douglass
The Frederick Douglass Voice Publishing Co.
The FREDERICK DOUGLASS VOICE is published every other week by Frederick Douglass, Special Representative.

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The FREDERICK DOUGLASS VOICE is the organ of all and all we are brethren—GOD, freely.

Freedom is not free! Its cost is human lives. Like Medgar Evers and John F. Kennedy and the bombed children of Birmingham.

Freedom's cost is Human sacrifice like that of Mrs. Evens and Mrs. Kennedy. And other grief-filled Men and women and children.

Freedom's cost is time, Endless, unpaid for time. Freedom's cost is money—Money to erect a tomorrow Worthy of those who lived and died for it!

NAACP LIFE MEMBERSHIP

Here's Your Opportunity

WSAY is accepting applications for future positions, in the broadcasting field from qualified members of male and female minority groups. Interested people may call WSAY, at 232-5050 Monday thru Friday to arrange for an appointment. WSAY an equal opportunity employer.

FRANKFURTS
U. S. GOVERNMENT INSPECTED

Enjoy Coca-Cola

When holes taste good, we'll put them in our bread.
**Mildred Johnson Speaks**

Mrs Mildred Johnson
Director
Virginia Wilson Negro Information and Helpig Hand Center

There are many happenings in and about the Rochester area which the Negro community has not been informed of. The latest new visitors who have come to Rochester are the fifty Nigerians. They were here on the 20th of last month and will be staying here for about six to nine months studying Electronics. When I spoke with the Major Audubelle, he is over this group of fifty Nigerians. He informed me of their purpose here. They are now at the Holiday Inn downtown where they stay and have their classes. He welcomed them to the city on the behalf of the Black Community, now I would like to know of others in our City who would like to help me to make their stay a Pleasant one. Those who would be interested to help me with setting up a schedule to plan for various programs for them, please call me at my home 544-1378, Office 454-2475 or The Virginia Wilson Thrift Shop 222-8501. We need to know more about our origin and visit Nigeria through the minds of these Nigerians who are in our city. Let us make them feel welcome and happy while they are in Rochester.

Last week, the Antioch Baptist Church celebrated their Pastor's 13th Anniversary. Each night different churches are in charge. Brother Bayfield Coleman was chairman. The theme of the anniversary was "For God, the Church and My Community." Theme song "We've Come This Far By Faith." Anniversary program chairwoman was Sister Virginia Wilson. Eighteen people attended the Gospel filled services. Guest at their Sunday morning service were a number of the Nigerian students who were welcomed by the members of the Antioch Laymen group. Our hats are off to this Church and its leadership of Rev. Willis F. Cotton, West Main Street. In the two hundred block has become alive again, this being the openings of two businesses which are owned and operated by Black people. At long last, we are seeing progress, and for the first time truly has opened a Thrift Shop, something like the Salvation Army Stores.

**The Downtown United Presbyterian Church**

An Open Forum on Bail Reform will be held on Monday, April 26 at 7:30 P.M. at the Downtown United Presbyterian Church at 121 North Pifth Street.

Participants in a four member panel discussion will be District Attorney Lawrence T. Kurlander, Judge Carl R. Scacchetti, Jr., Attorney Charles F. Crimi, and Attorney Roger M. McClellan. Community Coordinator of the Judicial Process Commission. Attorney William J. Wulz will moderate. Panel members will express their views on the bail issue and will welcome questions from the audience.

The public is cordially invited to attend this free forum sponsored by the ACUT (Action of Church and Community Together) Council Criminal Justice Department in the interest of opening up the issue of bail reform for community discussion and education.

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DO YOU LIVE IN THE AREA OUTLINED ON THE MAP?

If so, there'll be some work going on in your neighborhood soon that you should know about.

To improve operations, RG&E crews will be converting service to homes, apartments and businesses from mixed (reformed) natural gas to straight natural gas.

To make the changeover, we must make an adjustment on every gas appliance in your home. That means every furnace, stove, water heater, clothes dryer, room heater—anything in your home that uses gas, must have this adjustment made.

When this conversion takes place, Generally, from April 2 to June 30. But an RG&E representative will stop at your home to let you know the exact changeover date. Please make a note of the date and plan to be home to meet RG&E crews. If you can't be home, ask a friend or relative to be there.

The changeover service is free. No additional charge will show up on your bill. In fact, while our crews are there, they'll make a free safety check of every gas appliance in your home.

Help RG&E make a change for the better. Plan to be home on changeover day. If you need more information, call RG&E at 546-1100.
QUALITY STEARNS & FOSTER COMFORT-FIRM BEDDING

$59 ea. pc. twin
reg. 79.95

Full size, reg. 99.95 ea. pc. ... SALE $79!

Stearns & Foster bedding — the optimal balance of comfort and support — that means a restful sleep. The unique triple-tampered coil inner-spring unit offers solid support; the all-cotton felt upholstery means soft comfort. Seat Edge® construction prevents sagging borders and the Humidgard® manufacturing process insures the freshness of all inner components. Now at a substantial savings during Daisy Sale!

EXTRA-FIRM SPECIAL!

$69 ea. pc. twin
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For the folks who need more support, Stearns & Foster Extra-Firm mattresses with matching Weight Balanced® boxsprings.

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Sibley's Sleep Shop, Fifth Floor Downtown; Irondequoit, Southtown, Greece and Eastview floor 3 Downtown and Fayetteville
County Youth Programs Qualify for $1,250,000

Youth programs in Monroe County this year will be eligible for up to $1.25 million in state grant support, city and county officials have announced.

Monroe County is one of the first two counties in the state to draw up a comprehensive youth services plan qualifying the county for the state money, said Peter B. Edelman, director of the New York State Division for Youth. The new programs which will be developed and funded this year include:

- Setting up short-term emergency residential facilities in area homes where runaways or troubled children may stay temporarily.

- Providing legal services for youth and children. Such services would differ from those offered by the Public Defender's office in criminal cases. Edelman explained. Examples of instances in which legal services might be needed are in disputes where children are judged retarded by school testing or where school discipline is alleged to be administered in a discriminatory manner, he said.

- Extending youth programs to cover children out of high school but under 20 and to preschoolers.

- Designing juvenile diversion and prevention programs that would be aimed at preventing delinquency, not curing it.
Kodak reports to the community

For news about Kodak people, products, and activities, tune in to our annual TV report.

Tuesday, April 27, 7:30 p.m., Channel 13.

The day we report to our shareholders is also the day we broadcast the Kodak TV Report to the Community. It's an elevator ride, fast-paced half hour that highlights last year's accomplishments, looks at Kodak people behind the scenes, and gives you a glimpse into the diversity of our activities. We'll cover more than 20 subjects in a measured format. Everything from capital expansion to bicentennial and sports activities, and new products. Products that are making headlines. Products that offer exciting opportunities for us.

We think you'll be interested in what's happening at Kodak, and in the men and women—your friends and neighbors—who are making it happen. Every day. Every week. Every year.

Tune in and see for yourself. Tuesday, April 27, 7:30 p.m., Channel 13.


When you visit Washington the capital, get to know Washington the man.

Lorne Greene portrays the father of our country in a myth-dispelling 14-minute movie, "Washington—The Man." It's playing now at the Washington Monument Orientation Center, recently designed and constructed by Kodak in cooperation with the National Park Service. It's Kodak's gift to the nation to help celebrate this bicentennial year. The film, which we produced, will be presented four times an hour, 12 hours a day, seven days a week through October. An estimated 3 million visitors are expected to come to the 300-seat theater, located on the grounds of the Washington Monument.

According to the film's director, Richard Young of Kodak Motion Picture Services, "We show that Washington was a human being with personality and heart. Not many people know much about him, but many of the beliefs he expressed 200 years ago are relevant today. We hope visitors to the Center will experience Washington's strength and vision and go away with a new understanding of America's heritage."

We hope you're one of them.

Thanks to Phil, it's working.

Last month Phil Elliott, Kodak engineer, became Phil Elliott, loaned executive. Along with 45 other men and women from the Rochester business community, Phil has been borrowed for the United Community Chest/Rod Cross Campaign, which helps support 150 local human service agencies. For two months, he'll work full time on this spring's famine-fighting drive while Kodak pays his full-time salary. He'll have several other Kodak people to help him: company: Edwin Bloch, Jr., Frank Hartman, and Rodney Kerr from Kodak Park; William Siegenthaler and Walter Krippner from Kodak Office; William Gallow and Harry Mustacott from Kodak Apparatus Division.

Since the Leased Executive Program began in 1973 we have loaned 31 Kodak men and women. This helps the Chest keep administrative costs down, which helps the dollars you contribute do more. But it's hardly a one-way street. Because what we loan as executives, we know we'll get back as experienced, community-broadened individuals.

Dear Mr. Walsh:

This is a note of appreciation.

"...and a thank you for your letter to us announcing increased retirement benefits. I certainly appreciate the outstanding way in which Kodak is treating us. It was a good company to work for and a great company to have worked for.... I would like to express my thanks through you to all of those responsible." —Laurence O. Devoll 1967 retiree

Last November, Frederic S. Walsh, Kodak vice-president and director of Corporate Relations, sent a letter to approximately 11,800 Kodak retirees announcing increased benefits for 1976. Additionally, 2,800 Eastman Chemicals Division retirees were notified of the increased benefits. The response was gratifying.

Retirees like Laurence Devoll wrote from all over the country and as far away as the Netherlands. A few more examples:

"My thanks and sincere appreciation to those responsible. Once again Eastman Kodak Company has shown its deep concern and thoughtful consideration for those employees who have retired from active service." —I just couldn't let the day go by without saying a big thank you.

"My appreciation and gratitude to you and the others responsible for the increase in my pension. This is the third one I have received.... As a shareholder, it has long been my conviction that Kodak is one of the best-managed companies in the country." —From the bottom of my heart, many thanks to all of you.

At the same time we announced increased retirement benefits, we also announced the option of a pre-retirement spouse benefit. This provides payments to an employee's spouse if the employee should die before retirement.

We want to keep Kodak a good place to work. And, as Laurence Devoll put it, a good place to have worked.
WASHINGTON REPORT
From Your Congressman

April 8, 1976

Dear Friends:

The danger of Explanation — How the ordinary legislator ponders for the extraordinary issue where he can — without study, balancing of pluses and minuses, and opposing judgment — safely rely on a few code words to come to a quick conclusion about how to vote on a measure. The code words are always there: "reform," "emergency," "public Service," "job-creating," "economic cooperation," "anti-pollution," for instance. Propensity of legislation never describe or label it in disparaging or even neutral terms. Finally the title is more descriptive of the glorious result sought than the uneventful method of achieving it. The euphoria of public service backs in these encouraging code words, but the realities still lurk in the fine print which follows.

This is by way of introducing the subject of the "election reform" bill we in the House struggled with during this past week. We have won a sticky web in the complicated campaign law requirements which have been enacted in the last 20th century English painting. Along with a concert of 13th century Spanish songs, the Memorial Art Gallery has scheduled for the

ART TRAVEL TALK. On Sunday, April 28, at 10:30 a.m., discussing "The Italian Masterpieces of the Gallery" and Spencer. The talk, which is open to members and University of Rochester students only.

EXHIBITIONS at the Gallery are:

Cassino. Admission is free. It is open to members and University of Rochester students only.

Turning to work with a will, the mission was created to oversee criminal matters in the election of my own contacts with them, but it's nothing compared to the problems of this sort, it is

Among other developments, a bipartisan Federal Election Commission was created to oversee federal elections, with regulatory authority and with the power to pass out the matching funds to presidential candidates which were designed to double the campaign in influence of the small donor. Since the 1974 law was passed, the FEC has issued many onerous filling and reporting regulations, horrifying some congressmen who would like to conduct their campaign in a way that they feel is fair to everyone. The Supreme Court, reviewing the federal election law, found among other things, that the FEC was properly constituted since it was made up of officials appointed by Congress rather than by the President with confirmation by the Senate, as the Constitution requires. Since the matching funds have stopped until the FEC is properly reconstituted, and since all those presidential candidates need money, the pressure to reenact the Election Reform Act has been obvious.

All we needed to do was to provide for proper appointment of the commissioners of the FEC.

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COOKIES & MUFFINS 17 2 99¢
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 LISTERINE PROCTOR & GAMBLE 2 for 99¢

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 LISTERINE ANTISEPTIC 16 oz. 89c

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