Mildred Johnson Speaks

It has been a long time since I wrote a column for your pleasure of reading, but I have been out of town and back again after spending about two weeks in the Nation's Capital, my second home, Washington, D.C.

What I enjoyed most was visiting old friends who were former Rochestrians. One couple was Dean and Mrs. Thomas Hawkins, former Dean of Men at Howard University and Hampton College. Grayce, his wife, is a Rochester girl who grew up in the great Mt. Olivet Baptist Church and sang in the junior choir when she and yours truly were young girls.

What a joy it was to talk to her and her husband about the good old days here in dear old Rochester. Dean Hawkins presented me with a book he wrote — "A Dean Speaks Out." In his book he has compiled the writings of many great authors, along with his words of wisdom. I will be writing, from time to time, some of these quotes, poems and writings from his book, which will help those who read them. "Look Carefully" are words of wisdom which I read on page 91, which applies to most of us.

Have you ever tried to look at things from the other persons viewpoint? Have you ever searched for the reason why, when our misunderstandings arise? Most criticisms, complaints, fault-findings and prejudices arise from failure to see the other side of an issue or the reasons another person reacts as he does.

The tragedy of our age lies not in that men are poor, or... To page 2

A Courageous Doctor Passes

Dr. Charles T. Lunsford

Words cannot express the greatness of Dr. C. T. Lunsford, who passed away last Friday in Strong Memorial Hospital. I was ten years old when Dr. Lunsford came to Rochester to practice medicine at the request of his classmate Rev. Dr. James E. Rose, who then was pastor of Mt. Olivet Baptist Church.

Dr. Lunsford was the first black doctor I had ever seen. Dr. Rose and Dr. Lunsford were a team who fought for justice for blacks here in Rochester. He was not just a scholar and statesman but a daring activist for the rights of people. I would like to describe him as our "Martin Luther King" of Rochester. Our sympathy goes out to his dear wife Nan Talley, whom he loved dearly and to the other living relatives.

Dr. Lunsford is survived by his wife, Nan Talley Lunsford, one brother, Majorion Lunsford of New York City, two nieces and a nephew, Eloise Carter, Peggy Wilson and Fred Klass of New York City. A niece, Virgie Samuels of Baldwin, Mich., and two great-nieces of Chicago, Ill., Violette Williams and Virgie Moore.
121st Anniversary Douglass Paper

"RIGHT is of no sex, truth is of no color - GOD is the father of us all and all we are brethren"... Frederick Douglass

Feb. 28-March 6, 1985

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"My teacher made me shift gears."

I'd had it with school.
I wanted to get a job, get some wheels.
My English teacher threw my plans in reverse.
"Don't be foolish," she said.
"Ten years from now you'll be driving the same dumb car, but you'll be too embarrassed to come back and finish school."
She didn't have to say anything. But she made me see things in a different way.
Teachers do that for people sometimes.

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Affiliated with the American Federation of Teachers, AFT-CIO.

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American Red Cross

Dear Mr. Coles:

On behalf of the Rochester-Monroe County Chapter of the American Red Cross I want to thank you for the excellent coverage which you gave the Red Cross African Famine Relief Campaign in your December 17 issue.

To date, we have raised over $79,000 to aid African famine victims. We are confident this generous response from so many individuals, organizations and businesses in our community is due in large measure to the excellent cooperation of local media in telling the story of tremendous need and how Red Cross is working to meet it.

Thank you again for helping to bring this message to the people in Monroe County.

Sincerely,
Carol O'Connor
Assistant Manager
Planning, Marketing and Public Relations
It's a popping hot snack that sends you off to bed with a smile. It's that rush of warmth when you come into the cold on a winter night. It's a tingling, hot shower that helps you get ready for a long day—or relax at the end of one. Energy lets you choose your pleasure at the flick of a switch or the turn of a knob—anytime, day or night. It probably gives you more good feelings per dollar than anything else you buy. And we can help you get the most out of the energy you purchase—with our Energy Sense Usage Guide. It will tell you how to keep track of your energy usage and costs, and how to help keep them in line with your budget. Just fill out the coupon, and we'll put yours in the mail.

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FREDERICK DOUGLASS VOICE

Feb. 28-March 6, 1985

Urban League of Rochester, N.Y., Inc.

Minority college students from the Greater Rochester area are invited to compete in the annual essay contest co-sponsored by the National Urban League and the GrandMet Corporation, a diversified company which produces Pepsi-Cola, 7UP, Alpo pet foods and a range of other products including cigarettes. Fifteen winners nationwide will receive $1,000 academic scholarships payable to an accredited institution of higher learning.

Theme of the 1985 contest is "Education as a Means of Economic Improvement for Minority Persons." The essays must be 500 to 1,000 words in length, and the deadline for submission is March 31, 1985. Those entering must be college students or high school seniors who have been accepted as freshmen in the autumn of 1985. Eligible students must be members of an identifiable racial minority group.

For information about the essay contest, call Arvis Lamb at the Youth Services Division of the Urban League of Rochester, 225-6530, extension 248.
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Applications are reviewed on a first-come/first-served basis, so call the City's Division of Rehabilitation Services at 428-6890 before you're too late.

A home you enjoy is the best value of city living. Let's build together on what we've got.

City of Rochester

“The Invisible People,” an installation of documentary photographs and text by Suzanne Frew centering on the plight of the homeless in Rochester, will be on view in the Link Gallery at City Hall February 26 - March 25. Interest in the effect of the 1982 recession led Frew to research some of the local support groups in Rochester. Her work at St. Joseph's House of Hospitality, both helping and photographing people, culminated in a masters thesis about the homeless. The body of her work reflects the more subtle elements of these people's lives, facts that often go unseen; is an attempt to break down stereotypes.

Frew, a native of Huntsville, Alabama, earned her B.A. in Interdisciplinary Public Relations/International Social Welfare from the University of Alabama and is presently finishing her Master of Fine Arts degree at Rochester Institute of Technology. She plans to continue work with a study of the housing problems of the poor in preparation for a documentary for television.

The Link Gallery is open from 9 a.m.-5 p.m., Monday through Friday, and is located outside the Employee Relations Office (Room 103-A) in City Hall, 30 Church Street.

For further information about the Link Gallery, contact Judie Griffin at 621-4222 or 546-5602.

Footprints in the sand

One night I had a dream. I was walking along the beach with the Lord, and across the skies flashed scenes from my life. In each scene, I noticed two sets of footprints in the sand. One was mine, and one was the Lord's. When the last scene of my life appeared before me, I looked back at the footprints in the sand, and, to my surprise, I noticed that many times along the path of my life there was only one set of footprints. And I noticed that it was at the lowest and saddest times in my life. I asked the Lord about it: “Lord, you said that once I decided to follow you, you would walk with me all the way. But I notice that during the most troublesome times in my life there is only one set of footprints. And I noticed that it was at the lowest and saddest times in my life. I asked the Lord about it.” “Lord, you said that once I decided to follow you, you would walk with me all the way. But I notice that during the most troublesome times in my life there is only one set of footprints. I don’t understand why you left my side when I needed you most.” The Lord said: “My precious child, I never left you during your time of trial. Where you see only one set of footprints, I was carrying you.”
In Rochester, Fisher grads succeed — here’s why

Wanda R. Miller ’78
Reporter/Producer, Morning Break, WORK TV 13

"I feel very proud to say I graduated from Fisher. I received a good quality education from faculty, who made themselves available and I didn’t have to “go away” to a big university to gain recognition from my colleagues. For me and others in the communications field, Fisher was the right choice."

Fisher grads come from challenging academic programs and are ready for the complex demands of the work world.
Fisher grads have confidence because they receive encouragement and support from their first interview through graduation from a caring staff of trained counselors and superb faculty advisors.

When you choose a college, choose the one that will help you prepare for life and prepare for living.

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St. John Fisher College admits students without regard to race, color, creed, and national or ethnic origin, or handicap.

ATTENTION MINORITY BUSINESSES ● CITY SCHOOL DISTRICT
Rochester, New York
Minority Business Enterprise Program

The City School District has a Minority Business Enterprise Program to assist businesses owned by minority persons to more fully participate in contracting opportunities with the City School District.

One of the District’s first tasks is to identify responsible minority business enterprises. Businesses owned and controlled by minority persons are encouraged to participate in this program.

For more information about the MBE Program, please contact: Ronald C. Hopfer, Director of Procurement, City School District, 131 West Broad St., Rochester, NY 14608.

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Maxie Maxwell, former Vaudevillian, and recently retired Investigator of the County Public Defender’s Office, was awarded the Eddie Meath Service Award by the Press Radio Club of Rochester for his contribution in the field of Journalism.

YMCA NEWS

The YWCA is planning two workshops to help alleviate the IRS blues.

"Relief From Income Tax Blues" will offer individual assistance form financial professionals in reviewing your tax return. This workshop is scheduled for Monday, March 25, 4:30 to 6:30 p.m. Both income tax workshops will be held at the YWCA, 175 North Clinton Avenue and require a $3.00 fee. Call the YWCA, 546-5820, to register.

(1929-1968) Nobel Peace Prize winner and civil rights leader, was born in Atlanta. Dr. King first became known to most Americans when he used non-violent methods to win integration on the city buses of Montgomery, Alabama.

Dr. King, along with a group of Atlanta ministers, organized the Southern Christian Leadership Conference to stage massive demonstrations and carry the struggle for equality into other areas of the nation. His famous speech "I Have A Dream" was delivered at the March on Washington in 1963.

In 1964, he won the Nobel Peace Prize for working for the peaceful integration of Afro and white Americans.

While planning a massive Poor People’s March on Washington, he was assassinated in Memphis on April 4, 1968.
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